

CITY COUNCIL

The City of Orange Township, New Jersey

DATE May 7, 2024

NUMBER 275-2024

TITLE: A RESOLUTION RECOGNIZING MAY 2024 AS WOMEN'S HEALTH MONTH IN THE CITY OF ORANGE TOWNSHIP (Submitted by Councilmember-At-Large Adrienne Wooten)

WHEREAS, Women's Health Month is observed annually in May. It was the National Cervical Cancer Coalition (N.C.C.C.) that recognized each May as Women's Health Month; and

WHEREAS, the observation officially kicks off every year with National Women's Health Week. This is also an annual observance pioneered by the U.S. Department of Health and Human Services Office on Women's Health; and

WHEREAS, the goal of the holiday is to empower women in such a way that they can make health a priority. It also equips women with the knowledge to help other women on their journeys to improve their health. With the efforts of individuals and healthcare workers, every woman can live a healthy and happy life; and

WHEREAS, the celebrations for Women's Health Month were started by the U.S. Department of Health; and

WHEREAS, caught in the rigorous demands of work and family, women often forego an active lifestyle and a healthy diet to keep up with these demands; and

WHEREAS, however, the consequences of neglecting health can be dire. When women fail to take care of their health, hereditary illnesses may afflict them sooner and with more severity; and

WHEREAS, a sedentary lifestyle may also result in illnesses that can be avoided with a good lifestyle; and

WHEREAS, with a growing focus on personal health, it is extremely important for all women and girls, especially those with underlying health conditions like hypertension, diabetes, obesity, cardiovascular and respiratory conditions, and women 65 years and older, to take care of their health; and

WHEREAS, taking care of yourself and your loved ones should always be a top priority; and

WHEREAS, Women's Health Care Month makes the mission easy by setting up health camps, promoting specialized care, and raising awareness of the various ways a woman can improve her health.



WHEREAS, join Councilmember-At-Large Adrienne Wooten and South Ward Councilmember on May 31, 2024 for the second annual “Holistically You.” Event tentatively scheduled for Military Park City of Orange Township.

NOW, THEREFORE BE IT RESOLVED, that the Municipal Council of the City of Orange Township does recognize May 2024 as Women’s Health Month in the City of Orange Township.

Adopted: May 7, 2024

Joyce L. Lanier
City Clerk

Tency A. Eason
Council President

