

CITY COUNCIL

The City of Orange Township, New Jersey

DATE May 7, 2024

NUMBER 273-2024

TITLE:

A RESOLUTION RECOGNIZING MAY 2024 AS ARTHRITIS AWARENESS MONTH IN THE CITY OF ORANGE TOWNSHIP (Submitted by Councilmember-At-Large Adrienne Wooten)

WHEREAS, an estimated 58.5 million adults in the U.S. are affected by some form of arthritis, which breaks down to about 23.7% of the population; and

WHEREAS, as the number of older Americans continues to grow, and the rates of obesity and overweight increase, the number of people with arthritis-attributable activity limitations will only increase; and

WHEREAS, Osteoarthritis is the most common type of arthritis, especially amongst older people; and

WHEREAS, osteoarthritis mostly affects cartilage; and

WHEREAS, the surface layer of cartilage breaks down and wears away; and

WHEREAS, this allows bones under the cartilage to rub together, causing pain, swelling, and loss of motion of the joint; and

WHEREAS, over time, these changes can affect the bones, tendons, and other joint tissues; and

WHEREAS, while there is no cure for arthritis, joint pain and other osteoarthritis symptoms can be managed through treatment, lifestyle changes, and education.

NOW THEREFORE BE IT RESOLVED that the Municipal Council of the City of Orange Township does recognize May 2024 as Arthritis Awareness Month in the City of Orange Township.

Adopted: May 7, 2024

Joyce L. Lanier
City Clerk

Tency A. Eason
Council President

