

**CITY COUNCIL**

**The City of Orange Township, New Jersey**

**DATE** April 18, 2023

**NUMBER** 178-2023

**TITLE:** **A RESOLUTION RECOGNIZING MAY 2023 AS MENTAL HEALTH AWARENESS MONTH IN THE CITY OF ORANGE TOWNSHIP.**  
(Submitted by Councilmember-At-Large Adrienne Wooten)

**WHEREAS**, Mental Health America created Mental Health Awareness Month in 1949 to provide Americans with tools and resources as part of their outreach program to improve mental health; and

**WHEREAS**, each year the campaign includes a theme; and

**WHEREAS**, the official theme for 2023's Mental Health Awareness Week is anxiety; and

**WHEREAS**, for this Mental Health Awareness Week 2023, we will look at how anxiety can affect people living with severe mental illness, what external factors can trigger this strong response, and what we can do to support our peers; and

**WHEREAS**, everyone can feel anxious; and

**WHEREAS**, millions of American adults, and millions of children, experience mental health conditions each year, including depression, anxiety, bipolar disorder, schizophrenia, and post-traumatic stress; and

**WHEREAS**, although we have made progress expanding mental health coverage and elevating the conversation about mental health, too many people still do not get the help they need; and

**WHEREAS**, our Nation is founded on the belief that we must look out for one another -- and whether it affects our family members, friends, co-workers, or those unknown to us -- we do a service for each other when we reach out and help those struggling with mental health issues; and

**WHEREAS**, each May, we renew our commitment to ridding our society of the stigma associated with mental illness, encourage those living with mental health conditions to get the help they need, and reaffirm our pledge to ensure those who need help have access to the support, acceptance, and resources they deserve; and

**WHEREAS**, one of our most profound obligations as a community is to support the men and women in uniform who return home and continue fighting battles against mental illness.

**WHEREAS**, during National Mental Health Awareness Month, we recognize those residents of the City of Orange Township who live with mental illness and substance use disorders, and we pledge solidarity with their families who need our support as well.

**NOW, THEREFORE, BE IT RESOLVED**, by the Municipal Council of the City of Orange Township do recognize May 2023 as Mental Health Awareness in the City of Orange Township.

**Adopted: April 18, 2023**

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**Joyce L. Lanier**  
**City Clerk**

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**Tency Eason**  
**Council President**