## CITY COUNCIL

## The City of Orange Township, New Jersey

DATE February 7, 2023

NUMBER 51-2023

TITLE:

A RESOLUTION RECOGNIZING FEBRUARY 2023 AS ORANGE HEART MONTH IN THE CITY OF ORANGE TOWNSHIP (Submitted by Councilmember-At-Large Adrienne Wooten)

WHEREAS, heart disease is a leading cause of death in the United States, claiming the lives of more than 650,000 people each year; and

WHEREAS, during American Heart Month, we raise awareness of the risks of heart disease, remember those we have lost, and highlight steps we can all take to save the lives of countless loved ones and address the unequal burden of heart disease in high-risk communities; and

WHEREAS, through research and innovation, we have made considerable progress in recent years to advance our knowledge and treatment of heart disease; and

WHEREAS, new technologies allow us to diagnose, prevent, and treat heart disease more rapidly and effectively than ever before; and

WHEREAS, we also have a better understanding of heart disease risk factors, such as high blood pressure, bad cholesterol, smoking, being overweight or obese, and type 2 diabetes.

WHEREAS, despite the significant progress we have made, heart disease continues to exact a heartbreaking toll — a burden disproportionately carried by Black and brown Americans, American Indians and Alaska Natives, and people who live in rural communities; and

WHEREAS, cardiovascular diseases — including heart conditions and strokes — are also a leading cause of pregnancy-related deaths, which are highest among women of color; and

WHEREAS, addressing these tragic disparities and improving heart health has never been more important, as people suffering from heart disease and related conditions are also at increased risk of severe illness and long-term effects from COVID-19; and

**NOW THEREFORE BE IT RESOLVED** that the Municipal Council of the City of Orange Township do recognize February 2023 as American Heart Month.

**BE IT FURTHER RESOLVED** that we ask all citizens to wear red on Friday, February 14, 2023 to honor those we have lost to heart disease and raise awareness of the actions we can all tale to prevent Heart Disease.

Adopted: February 7, 2023	
Joyce L. Lanier	Tency A. Eason
City Clerk	Council President